21st Annual Cuyahoga County Conference on Aging Goals:

The Cuyahoga County Conference on Aging is co-convened by the Cuyahoga County Division of Senior and Adult Services (DSAS) and The MetroHealth System. We usually attract nearly 300 attendees (social workers, counselors, nurses and nursing home administrators) and will celebrate 21 years this year!

The overall conference objectives are:

- To identify, discuss and disseminate information on aging issues impacting older adults, caregivers and providers;
- To foster a greater understanding of the aging population and the resources available to support older adults;
- To increase and improve communication, collaboration and networking among professionals, volunteers, advocates and older persons.

Continuing Professional Education

The Cuyahoga County Division of Senior and Adult Services (DSAS) has applied for 5.0 hours of continuing education credits for counselors and social workers. These credits may also be applied to meet nursing licensure requirements. DSAS is an approved provider of the Ohio Counselor and Social Worker Board (RCS089801).

DSAS has applied for 5.0 credit hours for nursing home administrators through the Board of Executives of Long-Term Services & Supports (BELTSS). Continuing Education Units will only be given to those nursing home administrators who are in attendance for the entire conference. The Division of Senior and Adult Services is a limited provider with BELTSS.

DSAS has also applied for 5.0 hours of continuing education credits for Physical Therapists and Occupational Therapists through the Ohio Occupational Therapists, Physical Therapists, and Athletic Trainers Board (OTPTAT).

Approved provider status does not imply endorsement by the provider, ANCC, OBN or ONA of any products displayed in conjunction with an activity.

**Participants who successfully complete this program must sign in on the attendance sheet, attend the entire program, and submit a program evaluation to receive contact hours/continuing education unit credits.

For additional information, please contact: Cacy Pella (Social Work, Counseling, PT, OT, and BELTSS CEUs) 216-348-3978 Ohio Relay Service 711

**Registration for this event implies agreement to be videotaped. Your photo may be used for PR & marketing purposes for the Division of Senior and Adult Services and The MetroHealth System.
Conference Schedule
8:00 a.m.  Registration & Buffet Breakfast
8:30 a.m.  Welcome
8:40 a.m.  Welcome & Opening Remarks
Dr. Richard L. Jones, Administrator, Cuyahoga County Division of Senior and Adult Services
Armond Budish, Cuyahoga County Executive
Dr. James Campbell, Director, Geriatric Health, The MetroHealth System
9:00 a.m.-10:30 a.m.
Keynote Speaker: Phillip Rumrill, PhD, CRC
"Disability and Aging in the 21st Century: Challenges and Opportunities"
This session will identify emerging trends regarding the role and participation of people with disabilities in all aspects of society. This workshop will examine the changing age demographic of the American populace and its implications for eldercare, describe Federal civil rights protections available to people with disabilities under the Americans with Disabilities Act; examine the relationship between aging and disability, and the role of health care and rehabilitation professionals in addressing the disability-related needs of America’s growing elderly population; examine the implications of aging and disability to family interactions and socialization across multiple generations.
Facilitators: Cheryl Bradas and Victoria Bowden
10:30 a.m.-10:45 a.m.
Break
10:45 a.m.-11:45 a.m.
Panel Discussion:
“Rising to the Challenge and Creating Opportunities”
The panel of presenters will respond directly to Dr. Rumrill’s keynote, setting the stage for action steps for addressing the challenges and opportunities of disability and aging in the 21st Century. Collectively, the panel will respond according to their areas of expertise. We will hear from an attorney specializing in elder and disability rights law; a social worker with experience in serving aging and clients with disabilities and a program administrator with experience serving visually impaired older adults.
Presenter: Susanna Meales, BA; Catherine Rush BS, MBM, CDP and Laurie Steiner, J.D., Elder Law Attorney
Facilitators: Dr. Rumrill and Denise Rucker-Burton
11:45 a.m.-12:00 p.m.
Break
12:00 p.m.-12:30 p.m.
Lunch
12:30 p.m.-1:00 p.m.
Conference Video and Awards Presentation
Dr. Richard L. Jones
1:00 p.m. 1:15 p.m.
Break
1:15 p.m.-2:30 p.m.
Concurrent Breakout Sessions
Session 1
“These Four Walls: Using the Environment to Support Persons with Dementia”
This workshop guides staff through learning about the effect of the environment and how to maximize independent functioning. Many real world examples will provide practical tools for identifying interventions to improve activities of daily living. Participants will learn how to assess the environment, identify low cost interventions, and implement effective, research based solutions that will improve resident outcomes and quality of care.
Presenter: Jennifer A. Brush, M.A., CCC/SLP
Facilitators: Lee Ann O’Brien and Judy Jackson-Winston
Session 2
“Brain Health and Memory Across the Lifespan”
We will discuss broad aspects of brain health including recent research developments in the field, the growth of the brain health industry, and specific ways to facilitate brain health and improve memory on the individual and societal level.
Presenter: TJ MacCallum, PhD
Facilitators: Kelsey Loushin and Marsha Blanks
Session 3
“Empowering Individuals with Disabilities in the Midst of Healthcare Reform”
You will hear experts from CareStar Inc, Centers for Independent Living and the Olmstead Taskforce who will explain how health care reform is impacted by work they do and identify strategies for professionals to promote informed decisions and advocacy for participants of home and community based programs. Focusing on changes in the role of the Case Manager as a result of Health Care Reform, the panel will discuss the movement to person centered care management, working with and empowering the voice of individuals with disabilities across all areas of Ohio.
Facilitators: Cacy Pena and Melanie Rak
Session 4
“Music and the Aging Brain: Prevention and Recovery”
In this presentation, attendees will learn how music is processed in the brain, and how the language of music correlates with the language of the brain. There will also be an overview of how music training preserves and protects against degenerative diseases. In addition, participants will learn how music training promotes plasticity in the brain and examine these changes through brain imaging.
Presenter: Carol Shively-Mizes, MR-BC, NMT Fellow
Facilitators: Jeannie Masler and Cynthia Mason
2:30 p.m. - 2:45 p.m.
Break/Vendors
2:45 p.m.-4:00 p.m.
Resume Concurrent Breakout Sessions
4:00 p.m.
Conference Video and Awards Presentation
Dr. Richard L. Jones
Directions to Holiday Inn:
6001 Rockside Rd.
Independence, Oh 44131
From the East or West: follow I-480 to I-77 South to the 1st exit (Rockside Rd) Make a left off the exit and the hotel is 2 lights down on left.
From the North: follow I-77 South the the Rockside Road exit. Make a left off ramp and hotel is 2 lights on left.
From the South: follow I-77 North to exit 155 (Rockside Rd) make a right off the exit ramp and an immediate left into the hotel driveway.
Ample parking is available on the grounds.
Breakout Sessions: (Select two (2) session numbers)
Session 1  Session 2  Session 3
Session 4
CEU Certificate Requested (Check box):
SVI/Counseling (5.0)  BELTSS (5.0)
PT (5.0)  OT (5.0)
BELTSS License #
General Registration: $65.00 includes buffet breakfast, lunch, and continuing education credits.
Mail registration form and check to:
Division of Senior and Adult Services
ATTN: Community Office on Aging
13815 Kinsman Road, Cleveland, OH 44120
Registration deadline is Friday, September 25, 2015.
No refunds will be issued after Friday, October 2, 2015.
Online registration available at:
www.metrohealth.org/2015-cuyahoga-county-conference-on-aging
5.00*
* Five percent of fee is designated to the MetroHealth Fund to help support philanthropic initiatives of The MetroHealth System (which relates to the credit card fee).